Séances yoga de l’énergie 2021 – 2022 à Boissy-Aux-Cailles Association voie du cœur

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **SEPTEMBRE** | | **OCTOBRE** | | **NOVEMBRE** | | **DECEMBRE** | | **JANVIER** | | **FEVRIER** | | **MARS** | | **AVRIL** | | **MAI** | | **JUIN** | | **JUILLET** | |
| Mer 1 | **Pré-rentrée** | Ven 1 |  | Lun 1 | **Touss.** | Mer 1 |  | Sam 1 | **1er An** | Mar 1 |  | Mar 1 | **M.Gras** | **Ven 1** |  | Dim 1 | **F.Trav.** | Mer 1 |  | **Ven 1** |  |
| Jeu 2 | **Rentrée** | Sam 2 |  | Mar 2 |  | Jeu 2 |  | Dim 2 |  | Mer 2 |  | Mer 2 |  | Sam 2 |  | Lun 2 |  | Jeu 2 |  | Sam 2 |  |
| Ven 3 |  | Dim 3 |  | Mer 3 |  | **Ven 3** |  | Lun 3 |  | Jeu 3 |  | Jeu 3 |  | Dim 3 |  | Mar 3 |  | **Ven 3** |  | Dim 3 |  |
| Sam 4 |  | Lun 4 |  | Jeu 4 |  | Sam 4 |  | Mar 4 |  | **Ven 4** |  | Ven 4 |  | Lun 4 |  | Mer 4 |  | Sam 4 |  | Lun 4 |  |
| Dim 5 |  | Mar 5 |  | Ven 5 |  | Dim 5 |  | Mer 5 |  | Sam 5 |  | Sam 5 |  | Mar 5 |  | Jeu 5 |  | Dim 5 | **Pentec** | Mar 5 |  |
| Lun 6 |  | Mer 6 |  | Sam 6 |  | Lun 6 |  | Jeu 6 |  | Dim 6 |  | Dim 6 |  | Mer 6 |  | **Ven 6** |  | Lun 6 | **L. Pent**. | Mer 6 |  |
| Mar 7 |  | Jeu 7 |  | Dim 7 |  | Mar 7 |  | **Ven 7** |  | Lun 7 |  | Lun 7 |  | Jeu 7 |  | Sam 7 |  | Mar 7 |  | Jeu 7 |  |
| Mer 8 |  | Ven 8 |  | Lun 8 |  | Mer 8 |  | Sam 8 |  | Mar 8 |  | Mar 8 |  | **Ven 8** |  | Dim 8 | Vict.45 | Mer 8 |  | **Ven 8** |  |
| Jeu 9 |  | Sam 9 |  | Mar 9 |  | Jeu 9 |  | Dim 9 |  | Mer 9 |  | Mer 9 |  | Sam 9 |  | Lun 9 |  | Jeu 9 |  | Sam 9 |  |
| Ven 10 |  | Dim 10 |  | Mer 10 |  | **Ven 10** |  | Lun 10 |  | Jeu 10 |  | Jeu 10 |  | Dim 10 |  | Mar 10 |  | **Ven 10** |  | Dim 10 |  |
| Sam 11 |  | Lun 11 |  | Jeu 11 | Arm.18 | Sam 11 |  | Mar 11 |  | **Ven 11** |  | **Ven 11** |  | Lun 11 |  | Mer 11 |  | Sam 11 |  | Lun 11 |  |
| Dim 12 |  | Mar 12 |  | Ven 12 |  | Dim 12 |  | Mer 12 |  | Sam 12 |  | Sam 12 |  | Mar 12 |  | Jeu 12 |  | Dim 12 |  | Mar 12 |  |
| Lun 13 |  | Mer 13 |  | Sam 13 |  | Lun 13 |  | Jeu 13 |  | Dim 13 |  | Dim 13 |  | Mer 13 |  | **Ven 13** |  | Lun 13 |  | Mer 13 |  |
| Mar 14 |  | Jeu 14 |  | Dim 14 |  | Mar 14 |  | **Ven 14** |  | Lun 14 |  | Lun 14 |  | Jeu 14 |  | Sam 14 |  | Mar 14 |  | Jeu 14 | **F.Nat.** |
| Mer 15 |  | Ven 15 |  | Lun 15 |  | Mer 15 |  | Sam 15 |  | Mar 15 |  | Mar 15 |  | Ven 15 |  | Dim 15 |  | Mer 15 |  | **Ven 15** |  |
| Jeu 16 |  | Sam 16 |  | Mar 16 |  | Jeu 16 |  | Dim 16 |  | Mer 16 |  | Mer 16 |  | Sam 16 |  | Lun 16 |  | Jeu 16 |  | Sam 16 |  |
| Ven 17 |  | Dim 17 |  | Mer 17 |  | **Ven 17** |  | Lun 17 |  | Jeu 17 |  | Jeu 17 |  | Dim 17 | **Pâques** | Mar 17 |  | Ven 17 |  | Dim 17 |  |
| Sam 18 |  | Lun 18 |  | Jeu 18 |  | Sam 18 |  | Mar 18 |  | **Ven 18** |  | **Ven 18** |  | Lun 18 | **Férié** | Mer 18 |  | Sam 18 |  | Lun 18 |  |
| Dim 19 |  | Mar 19 |  | **Ven 19** |  | Dim 19 |  | Mer 19 |  | Sam 19 |  | Sam 19 |  | Mar 19 |  | Jeu 19 |  | Dim 19 | **F.Pères** | Mar 19 |  |
| Lun 20 |  | Mer 20 |  | Sam 20 |  | Lun 20 |  | Jeu 20 |  | Dim 20 |  | Dim 20 | **Print.** | Mer 20 |  | **Ven 20** |  | Lun 20 |  | Mer 20 |  |
| Mar 21 |  | Jeu 21 |  | Dim 21 |  | Mar 21 | **Hiver** | **Ven 21** |  | Lun 21 |  | Lun 21 |  | Jeu 21 |  | Sam 21 |  | Mar 21 | **Eté** | Jeu 21 |  |
| Mer 22 | **Autom** | Ven 22 |  | Lun 22 |  | Mer 22 |  | Sam 22 |  | Mar 22 |  | Mar 22 |  | **Ven 22** |  | Dim 22 |  | Mer 22 |  | Ven 22 |  |
| Jeu 23 | . | Sam 23 |  | Mar 23 |  | Jeu 23 |  | Dim 23 |  | Mer 23 |  | Mer 23 |  | Sam 23 |  | Lun 23 |  | Jeu 23 |  | Sam 23 |  |
| Ven 24 |  | Dim 24 |  | Mer 24 |  | Ven 24 |  | Lun 24 |  | Jeu 24 |  | Jeu 24 |  | Dim 24 |  | Mar 24 |  | **Ven 24** |  | Dim 24 |  |
| Sam 25 |  | Lun 25 |  | Jeu 25 |  | Sam 25 | Noël | Mar 25 |  | Ven 25 |  | **Ven 25** |  | Lun 25 |  | Mer 25 |  | Sam 25 |  | Lun 25 |  |
| Dim 26 |  | Mar 26 |  | Ven 26 |  | Dim 26 |  | Mer 26 |  | Sam 26 |  | Sam 26 |  | Mar 26 |  | Jeu 26 | Ascen. | Dim 26 |  | Mar 26 |  |
| Lun 27 |  | Mer 27 |  | Sam 27 |  | Lun 27 |  | Jeu 27 |  | Dim 27 |  | Dim 27 |  | Mer 27 |  | Ven 27 |  | Lun 27 |  | Mer 27 |  |
| Mar 28 |  | Jeu 28 |  | Dim 28 |  | Mar 28 |  | **Ven 28** |  | Lun 28 |  | Lun 28 |  | Jeu 28 |  | Sam 28 |  | Mar 28 |  | Jeu 28 |  |
| Mer 29 |  | Ven 29 |  | Lun 29 |  | Mer 29 |  | Sam 29 |  |  |  | Mar 29 |  | **Ven 29** |  | Dim 29 | **F.Mères** | Mer 29 |  | Ven 29 |  |
| Jeu 30 |  | Sam 30 |  | Mar 30 |  | Jeu 30 |  | Dim 30 |  |  |  | Mer 30 |  | Sam 30 |  | Lun 30 |  | Jeu 30 |  | Sam 30 |  |
|  |  | Dim 31 |  |  |  | Ven 31 |  | Lun 31 |  |  |  | Jeu 31 |  |  |  | Mar 31 |  |  |  | Dim 31 | **JT** |

Séances yoga vendredi 19h -20h20 ( cf. planning jours colorés = jours où il y a des séances )

90 € la carte de 10 séances ( validité illimitée) ou 220 € pour l’année scolaire.

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